## **Lexington County Recreation & Aging Commission**

## **Modified U-10 Soccer Rules**

Referees are encourages to explain the infractions to the players. The players, coaches, and spectators may not challenge the referee's rulings.

**Law 1: Field of Play:**Dimensions: 70 yards by 45 yards. The center circle has a radius of eight (8) yards. The goal areas are six (6) yards from each goal post, extended six (6) yards into the field of play. The penalty marks are fourteen (14) yards from each goal post, extended fourteen (14) yards into the field of play. The penalty marks are eighth (8) yards into the field of play from the center of the goal line. The goal size does not exceed 7 feet by 21 feet. All other FIFA rules apply.

**Law 2: The Ball** A size 4 ball is use. All other FIFA rules apply.

Law 3: The Number of Players

Matches are played 6 versus 6, including the goalkeeper. Each player plays at least half the game unless for disciplinary purposes or injury. The referee and opposing coach must be notified if any player doesn't play half the games. There are only substitutions after the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> quarters. If a player is substituted because of an injury, the opposing coach may also substitute. The injured player may return to the field during the same quarter after he/she has been examined by the coach. The coach must inform the referee before he/she resubstitutes the injured player. Each player can only play goalkeeper for two quarters per game. All players are encouraged to play goalkeeper. Teams that fail to abide by the goalkeeper participation rule will forfeit the match provided the opposing coach protests in writing within a 24-hour period from the end of the game. All other FIFA rules apply.

**Law 4: The Player's Equipment:** All FIFA rules apply.

**Law 5: The Referee:** All FIFA rules apply. *Coaches are required to officiate their own games when the referee is not present. Coaches, as referees, must not be biased towards either team during the match.* 

**Law 6: The Assistant Referee:** There are no assistant referees.

**Law 7: The Duration of the Match:** 

There will be two (2)twenty-five(25)minute halves and a five (5) minute half-time break.

. All other FIFA rules apply.

Law 8: The Start and Restart of Play: . All other FIFA rules apply.

**Law 9: The Ball In and Out of Play:** All FIFA rules apply.

**Law 10: The Method of Scoring:** All FIFA rules apply.

**Law 11: Offside:** Offside will be called but it must be obvious for the referee to see. The referee does not

have the assistance of assistant referees. All other FIFA rules apply.

**Law 12: Fouls and Misconduct:** All FIFA rules apply.

Law 13: Free Kicks: All FIFA rules apply. Opponents must be eight (8) yards from the ball.

**Law 14: The Penalty Kick:** All FIFA rules apply. Opponents must be eight (8) yards from the ball.

**Law 15: The Throw-In:** All FIFA rules apply.

**Law 16: The Goal Kick:** All FIFA rules apply.

**Law 17: The Corner Kick:** All other FIFA rules apply. Opponents must be eight (8) yards from the ball.

**Terminal Area:** Coaches and players must stay in their technical area. **Spectators and teams must be on** 

opposites of the field.